

# How to use e-Station

“e-Station” is an e-learning platform for extensive English reading and listening. Its browser-based platform is compatible with all smartphone, PC and tablet devices. It can be accessed via the Internet at anytime.

Follow instructions from your teacher (or administrator) for in-class use.

## ●Recommended Browsers

【Windows】 Google Chrome / Mozilla Firefox / Opera / Microsoft Edge / Internet Explorer

【Android】 Google Chrome / Mozilla Firefox / Opera / Opera Mini

【Mac OS】 Google Chrome / Mozilla Firefox / Opera / Safari

【iOS】 Google Chrome

## ●Let's log in!

Click the link below, and log in using the ID and password provided by your teacher. Logging in will take you to “my page.” (See image on next page)

URL : <https://est-school.com/login/index.php>



## Caution when logging in

“e-Station” has two websites. One is for school members and the other is for general users. Make sure to go to the school website to log in. You can't log in using the general site.

The site for school members has the word “school” in the URL.

<https://est-school.com/login/index.php>

This shows the number of words you heard and read, and the number of books you used.

◆ Administration menu

◆ Classroom page

You can view teacher announcements and a ranking of popular classroom content.

◆ Message Box

You can exchange messages between members.

◆ Learning Status per content

When you select reading content (読むコンテンツ), you will see a training menu as shown below.

  
TOP

  
リーディング

  
Reading Quiz

  
聞き読み

  
リスニング

  
シャドーイング

  
サマライズ



### The Boy with Wings

父と息子は期として巨大迷路に追放。しかし発明家の父は名案を思いつく！

[レベル] 0 [YL] C.4 [総話数] 767話

[ジャンル] フィクション絵本 / Fiction Picture Books [LL] 1.9 [LLY] 2.3 [WPM] 105wpm

[SDCs]

[シリーズ] Collins Big Cat

[出版社] Collins

[著者] Simon Cheshire

[あなたが読んだこの本の累計話数] 0 話

[用語について](#)

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### トレーニングメニュー

[トレーニングについて](#)

編集モードの開始

**1.リーディング**

 リーディングを行う

意味をとりながら黙読してみましょう。

**2. Reading Quiz**

 Reading Quizを行う

読んだ内容が理解できたかどうかを確認するQuizです。

★多読のみをやりたい方はここで終了してかまいません。  
あわせて多読もやりたい方は下のメニューにすすみましょう。

**3.聞き読み**

 聞き読みを行う

音声を聞きながら英文の意味を理解しつつ黙読しましょう。  
読むスピードが遅い方、頭から意味を取っていき習慣のない方は、音声をガイドに読んでいくといいでしょう。  
次に音声を聞きながらテキストを声を出して読んでみましょう。  
(パラレル・リーディング または シンクロ・リーディング と言います)

**4.リスニング**

 リスニングを行う

ここまでくるとずいぶん内容もわかってきているでしょう。  
音声だけでどのくらい理解できるか、トライしてみましょう。

**5.シャドーイング**

 シャドーイングを行う

テキストを見ないで、音声を聞きながら、①聞こえてくる音声の通りに声を出してみましょう。  
次に、②意味を考えながら声に出して言ってみましょう。  
慣れない段階では、口の中で小さくブツブツ言いながらついていく方法（マンブリングと言います）もあります。

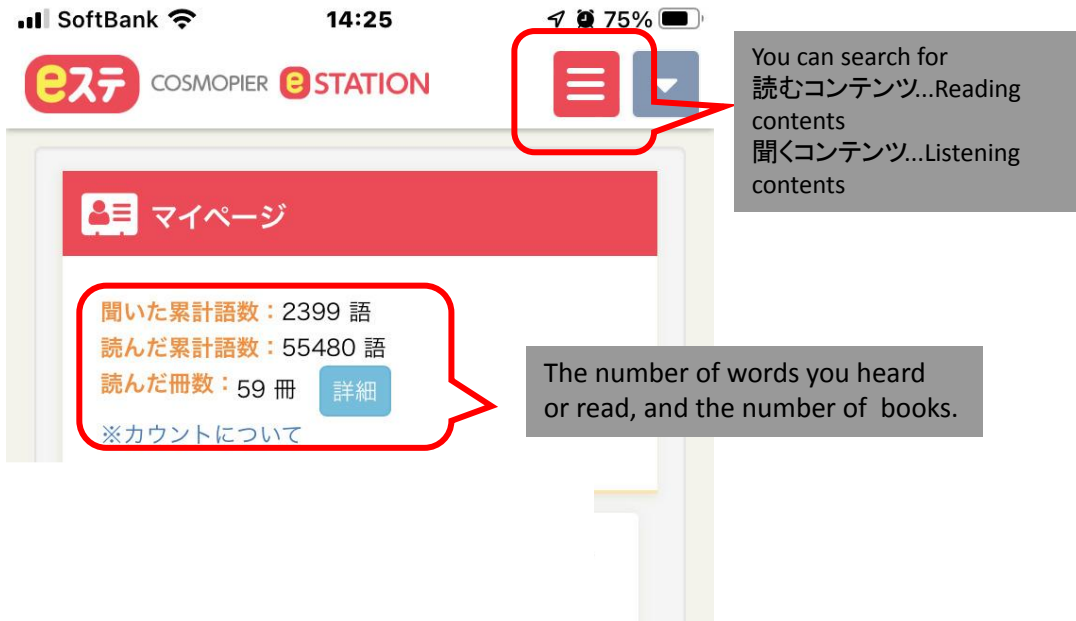
- ① Reading (リーディング)
- ② Reading Quiz
- ③ Reading with audio (聞き読み)
- ④ Listening (リスニング)
- ⑤ Shadowing (シャドーイング)
- ⑥ Summarize (サマライズ)

Select [① Reading (リーディング)] or [③ Reading with audio (聞き読み)].

The screenshot shows the BiBi reading application interface. At the top, there is a navigation bar with a settings icon circled in red. Below it, the book cover for 'The Little Match Girl' is displayed, featuring a winter scene with a girl and a dog. A hand cursor points to the cover, with a callout: 'Click the cover to start reading'. To the right of the cover, there is a menu titled 'レイアウトも選択' (Select layout) with options for 'ポータルで移動' (Move to portal), '移動' (Move), and '移動' (Move). Below this is a 'ウィンドウ操作' (Window operation) section with a button 'あたらしいウィンドウで開く' (Open in new window) circled in red. A callout points to this button: 'Click here to open the book in full view'. On the right side of the book cover, there is a large right arrow button circled in red, with a callout: 'Click the right or left sides to turn pages'. Below the book cover, there is a dropdown menu showing 'The Little Match Girl Chapter 1'. A callout points to it: 'You can select Track No.'. Below the dropdown is an audio player with a play button, a progress bar (0:00 / 6:06), a volume icon, a list icon, a '0' icon, a minus icon, '1.00', and a plus icon. A callout points to the play button: 'Click here to start to audio'. At the bottom center, there is a red button with the text '終了' (End) circled in red. A callout points to it: '※IMPORTANT You must click this button every time you finish reading. Otherwise, the words you've read will not be calculated.'

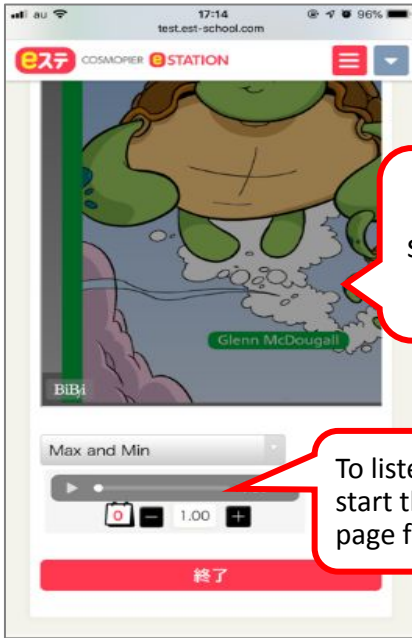
# ◆ For Smartphone

## My page (マイページ)

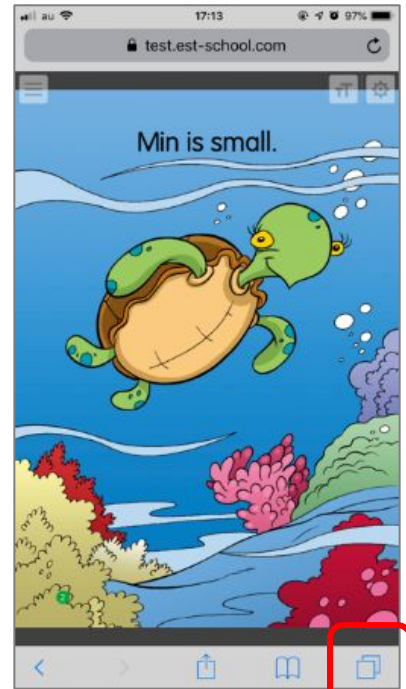


## Training menu





To listen while reading, start the audio on this page first.



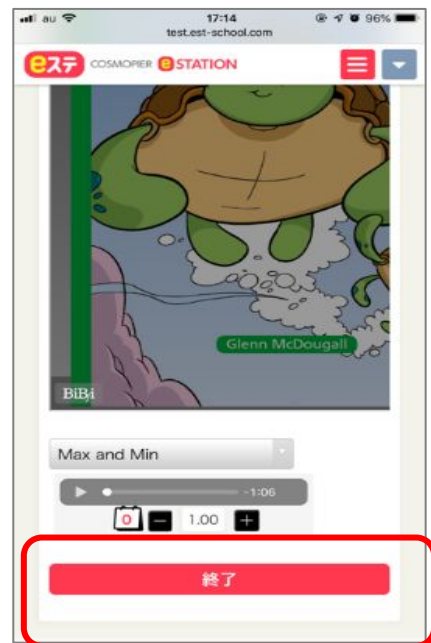
① Click the cover to start reading. To listen while reading, start the audio on this page first. The audio player isn't shown on the new page.

② The book appears in a new page.

When you've finished reading, click here to return to the previous page.



③ Go back to the first page.



**IMPORTANT**

④ You must click this button every time finish reading. Otherwise, the words you've read will not be calculated.